

Laughter is therapy*



* without the steep hourly fees

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January



Most of the time, Charly managed to look much better than he actually felt.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1.	2.
3.	4.	5.	6.	7.	8.	9.
10.	11.	12.	13.	14.	15.	16.
17.	18.	19.	20.	21.	22.	23.
24.	25.	26.	27.	28.	29.	30.
31.						

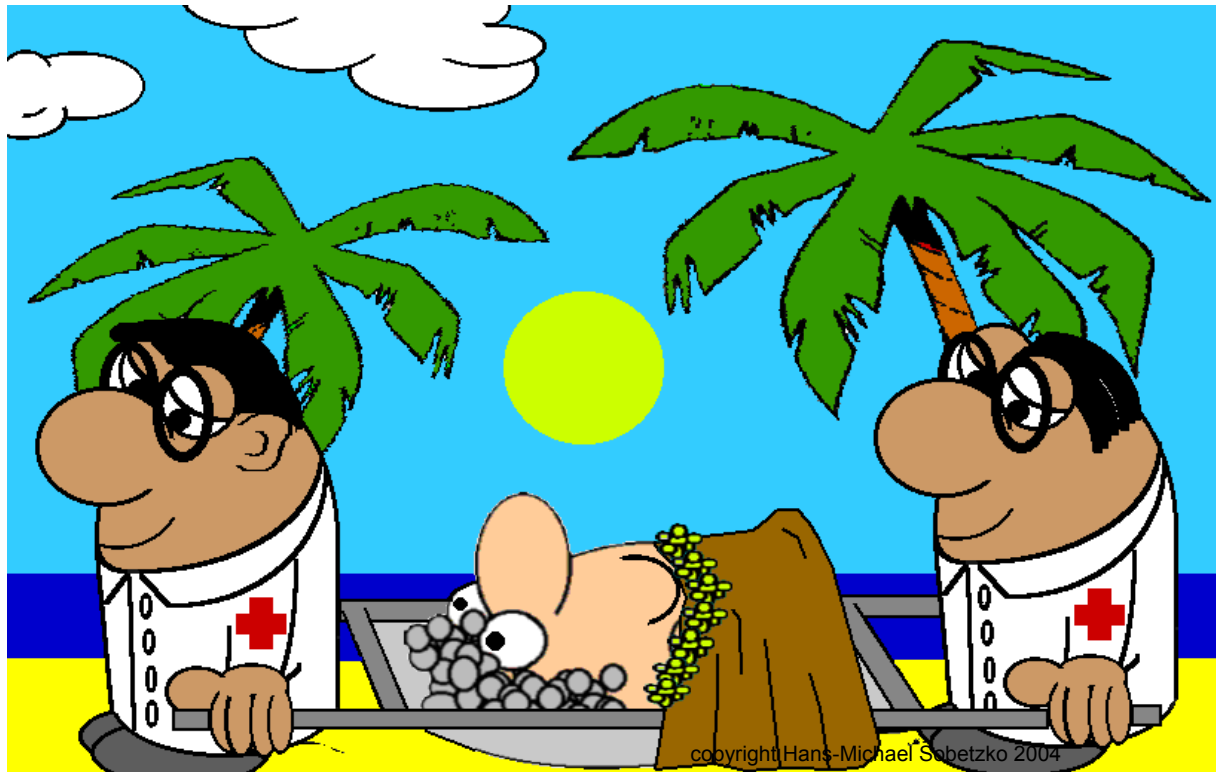
February



That'll be enough of THAT show! No, you're not too exhausted to go out to the garden. You're just too lazy!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1.	2.	3.	4.	5.	6.
7.	8.	9.	10.	11.	12.	13.
14.	15.	16.	17.	18.	19.	20.
21.	22.	23.	24.	25.	26.	27.
28.						

March



**You should never give up your dreams.
However - sometimes you need to follow a
different path to make them come true.**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1.	2.	3.	4.	5.	6.
7.	8.	9.	10.	11.	12.	13.
14.	15.	16.	17.	18.	19.	20.
21.	22.	23.	24.	25.	26.	27.
28.	29.	30.	31.			

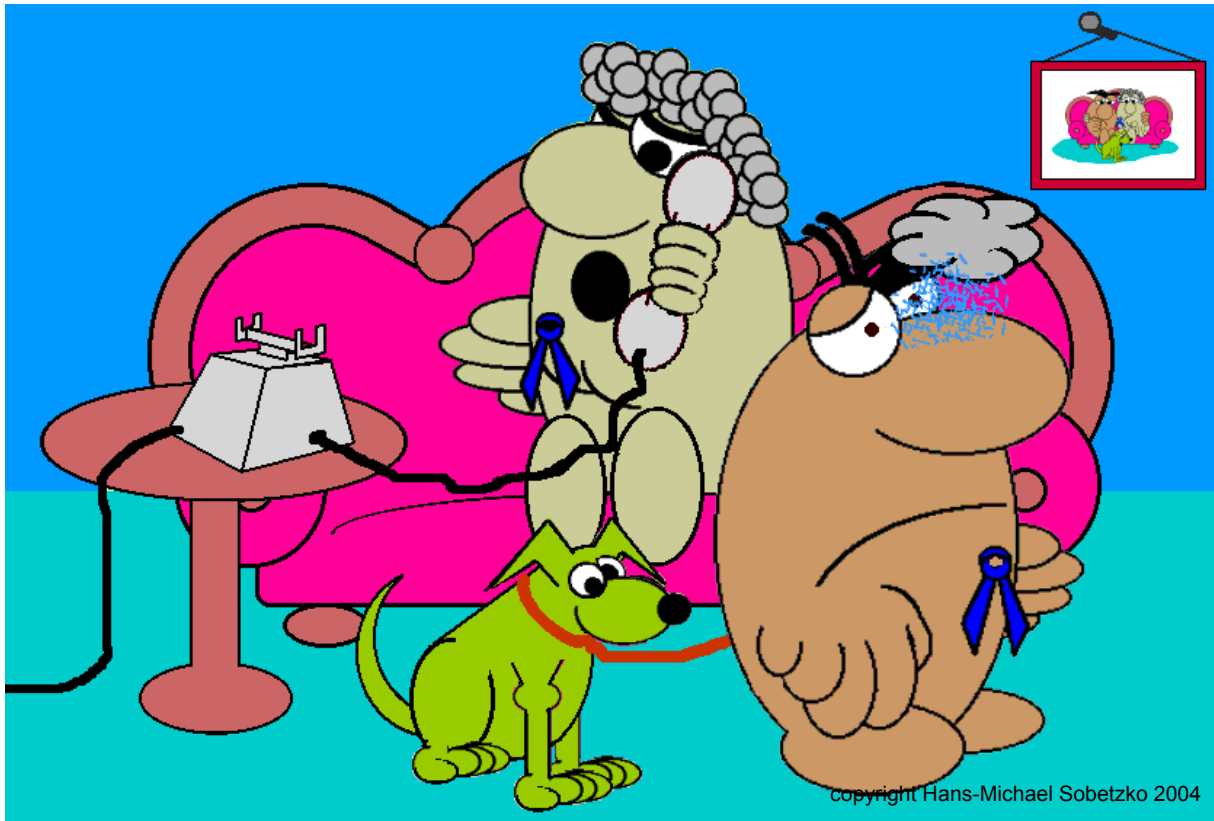
April





The flatulence was so severe that Charly was afraid he'd be labeled an environmental hazard.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1.	2.	3.
4.	5.	6.	7.	8.	9.	10.
11.	12.	13.	14.	15.	16.	17.
18.	19.	20.	21.	22.	23.	24.
25.	26.	27.	28.	29.	30.	

May



I don't think this is going to be one of Charly's better days. He's spent the last 40 minutes pondering over a suitable route to walk the dog.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1.
2.	3.	4.	5.	6.	7.	8.
9.	10.	11.	12. 	13.	14.	15.
16.	17.	18.	19.	20.	21.	22.
23.	24.	25.	26.	27.	28.	29.
30.	31.	 = International CFS Awareness Day				

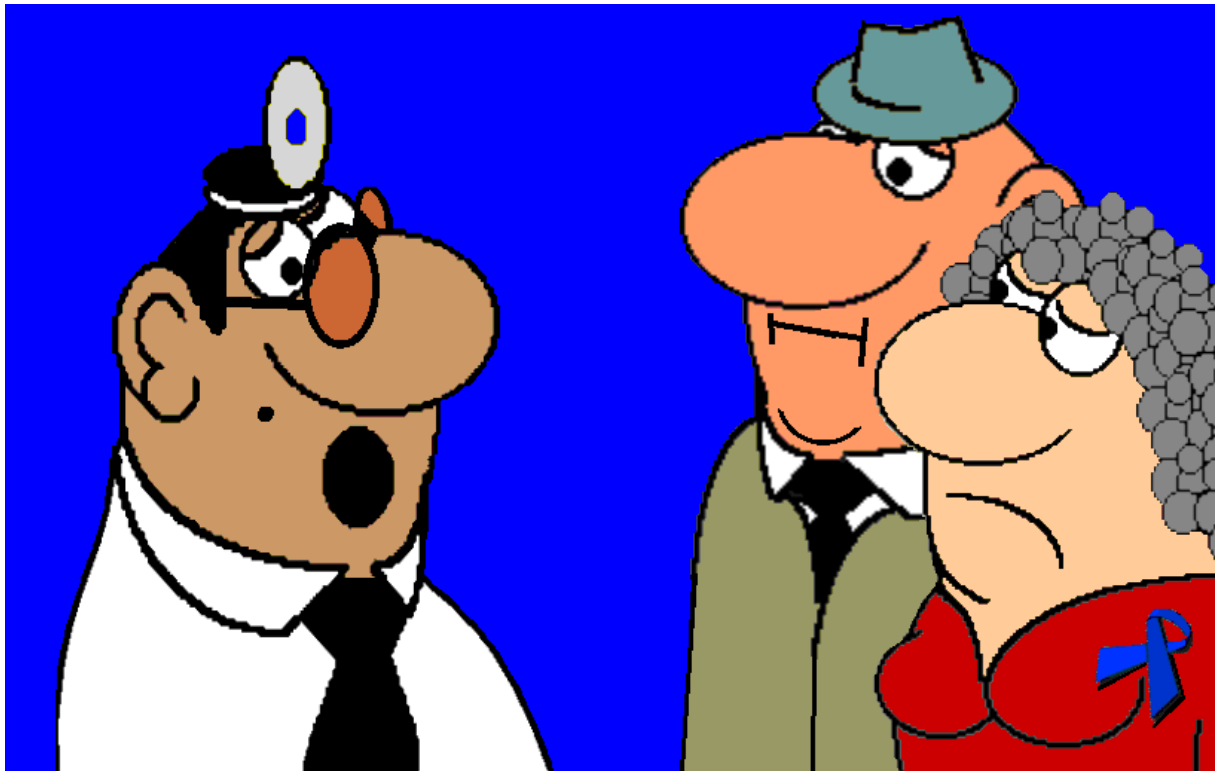
June



It's a pity that there's no space left on the table for the pie. Aren't you overdoing it a bit with all your vitamins and supplements?

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1.	2.	3.	4.	5.
6.	7.	8.	9.	10.	11.	12.
13.	14.	15.	16.	17.	18.	19.
20.	21.	22.	23.	24.	25.	26.
27.	28.	29.	30.			

July



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No, unfortunately medical science can't offer anything new to CFS patients. But we've greatly improved the payment plan.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1.	2.	3.
4.	5.	6.	7.	8.	9.	10.
11.	12.	13.	14.	15.	16.	17.
18.	19.	20.	21.	22.	23.	24.
25.	26.	27.	28.	29.	30.	31.

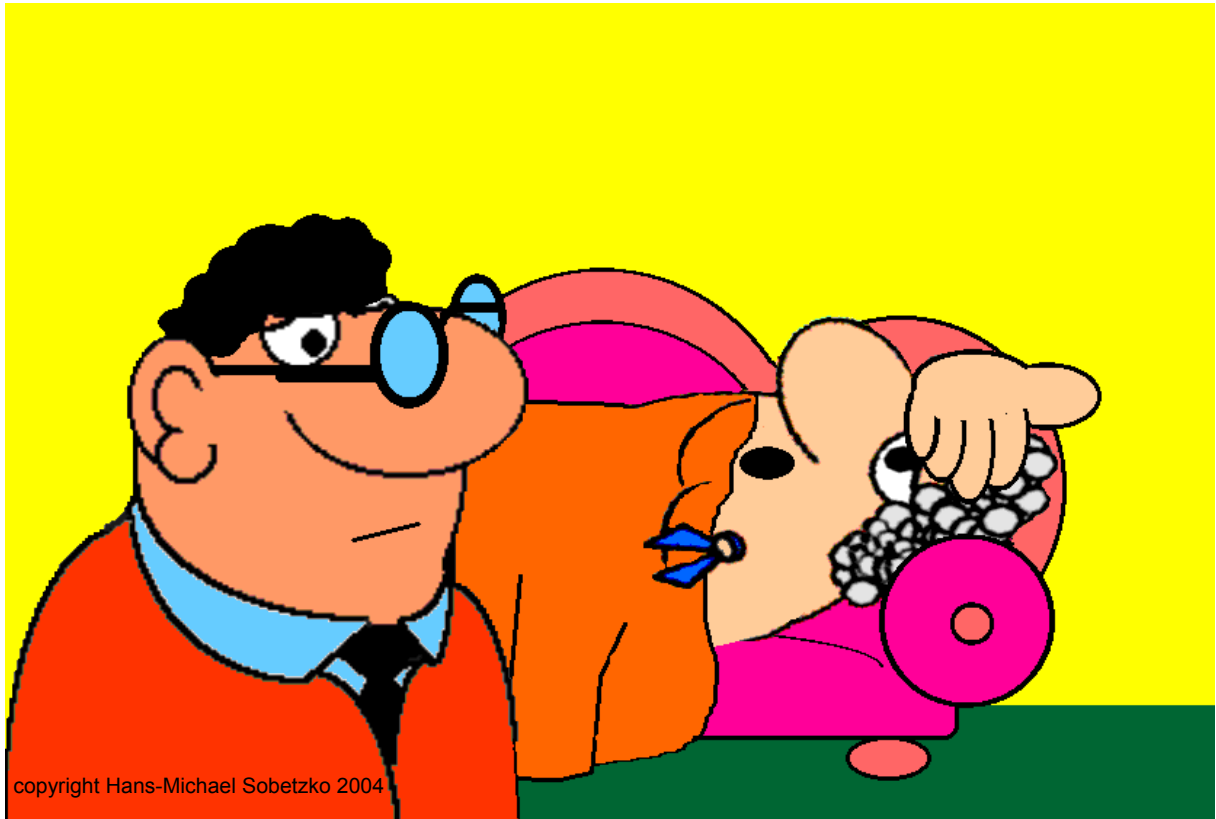
August



**Think positive! Science is really making great strides!
Believe me, Emmy, it won't be long before they manage
to get PWCs back on their feet again!**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1.	2.	3.	4.	5.	6.	7.
8.	9.	10.	11.	12.	13.	14.
15.	16.	17.	18.	19.	20.	21.
22.	23.	24.	25.	26.	27.	28.
29.	30.	31.				

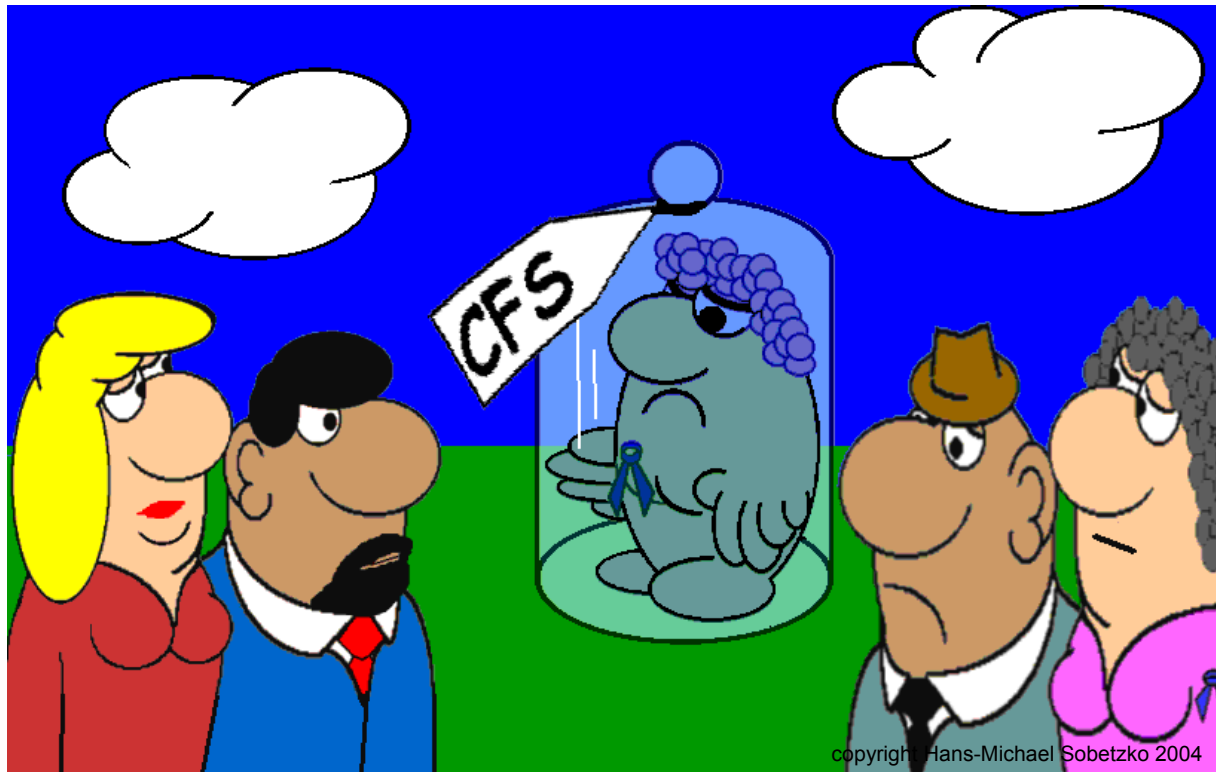
September



Maybe I could set a world record in lying on the couch.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1.	2.	3.	4.
5.	6.	7.	8.	9.	10.	11.
12.	13.	14.	15.	16.	17.	18.
19.	20.	21.	22.	23.	24.	25.
26.	27.	28.	29.	30.		

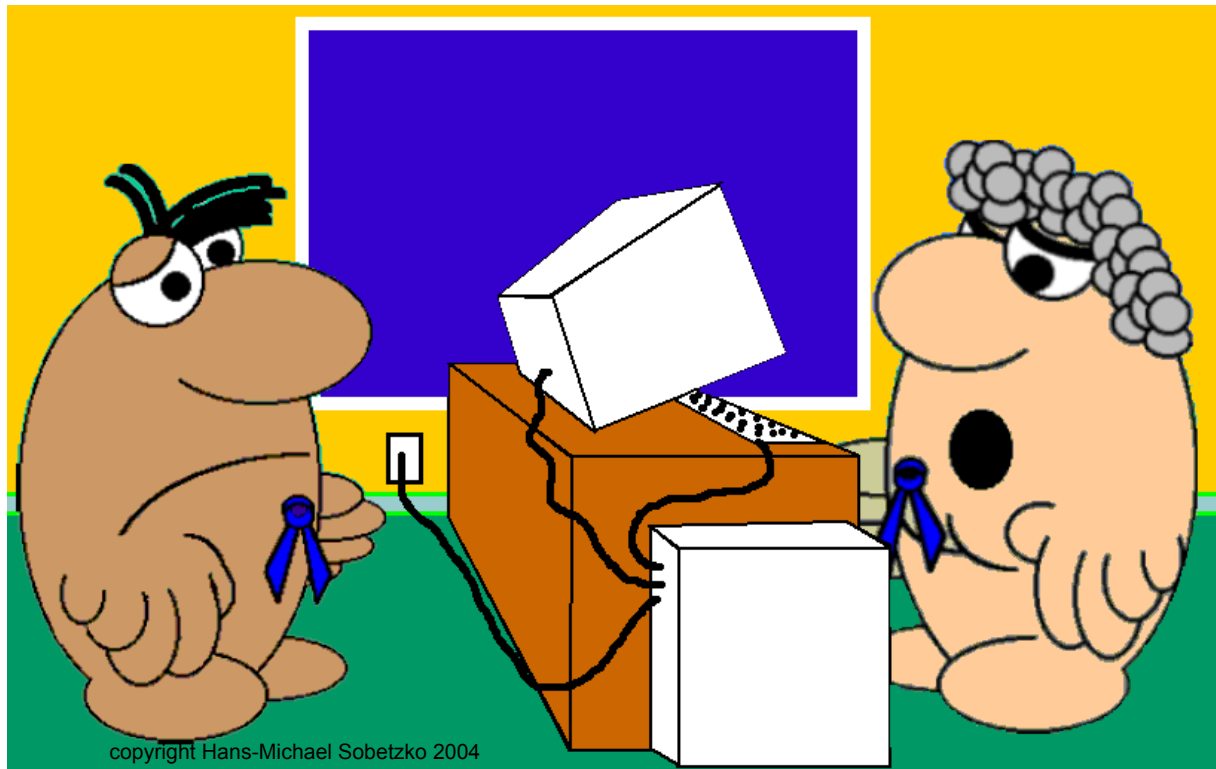
October



For Emmy, feeling like living under a cheese cover was made all the more frustrating by the fact that her friends seemed to think she preferred being there.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1.	2.
3.	4.	5.	6.	7.	8.	9.
10.	11.	12.	13.	14.	15.	16.
17.	18.	19.	20.	21.	22.	23.
24.	25.	26.	27.	28.	29.	30.
31.						

November



Strange - we can get the most recent information on CFS from all over the world much more quickly than our Doc, but we can't make it to the grocery store just around the corner.

So who's going to get the rolls today?

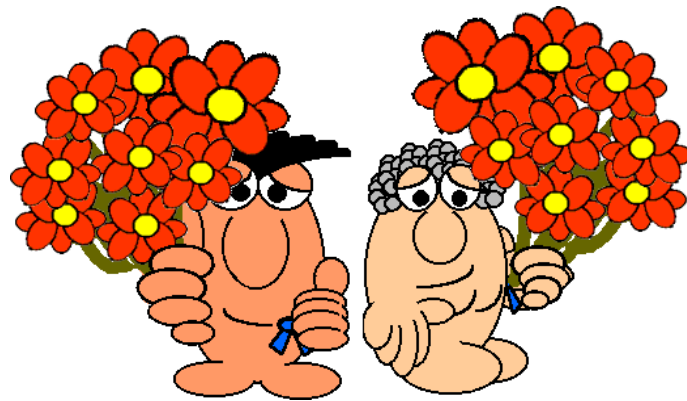
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1.	2.	3.	4.	5.	6.
7.	8.	9.	10.	11.	12.	13.
14.	15.	16.	17.	18.	19.	20.
21.	22.	23.	24.	25.	26.	27.
28.	29.	30.				

December



Well, if it lasts more than six months, it might qualify as Chronic Fatigue Syndrome. But right now I'd just call it a temporary case of Christmas burnout.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1.	2.	3.	4.
5.	6.	7.	8.	9.	10.	11.
12.	13.	14.	15.	16.	17.	18.
19.	20.	21.	22.	23.	24.	25.
26.	27.	28.	29.	30.	31.	



Acknowledgements:

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You will find further information on Chronic Fatigue Syndrome on these German spoken websites:

www.cfs-portal.de
www.fatigatio.de

(a site provided by Hans-Michael Sobetzko)
(a site provided by Fatigatio e.V.)